


FREE STYLE SCHEDULE: September 2023

30-minute Sessions (Dates & Times are Subject to Change)



Free Style: This is for Basic 3, Mite Hockey and above skaters/players or individuals taking private lessons with a coach.
 Skaters below basic 3 or hockey players below Mite level are NOT allowed to be on the ice unless they are in a lesson with a coach.
 Sticks and Pucks only allowed on Hockey Free Styles

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
UPDATED 8/30/23					1	2
					Rink 1 5:45am-8:15am 2:15pm-4:15pm 4:30pm-6:30pm	Rink 1 8:30am-10:00am
3	4	5	6	7	8	9
Rink 1 11:45am-1:45pm (Hockey FS)	Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-6:15pm	Rink 1 5:45am-8:15am 3:00pm-5:30pm	Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-6:15pm	Rink 1 5:45am-8:15am 3:00pm-5:30pm	Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-5:45pm	Rink 1 8:30am-11:00am*
10	11	12	13	14	15	16
Rink 1 12:15am-1:45pm (Hockey FS)	Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-6:15pm	Rink 1 6:00am-8:15am 3:00pm-5:30pm	Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-6:15pm	Rink 1 5:45-8:15am 3:00pm-5:30pm	Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-6:15pm	Rink 1 6:15am-7:45am Rink 2 8:30am-9:30am
17	18	19	20	21	22	23
Rink 1 11:45am-1:45pm (Hockey FS)	Rink 1 5:45am-8:15am 2:00pm-4:00pm 4:15pm-6:15pm	Rink 1 3:00-5:30pm Rink 2 5:45-8:15am	Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-6:15pm	Rink 1 5:45-8:15am Rink 2 3:00pm-5:30pm 6:00am-8:00am (Hockey FS)	Rink 1 5:45am-8:15am Rink 2 2:00pm-4:30pm 4:45pm-6:15pm	Rink 1 6:15am-7:45am Rink 2 8:30am-9:30am
24	25	26	27	28	29	30
Rink 1 11:45am-1:45pm (Hockey FS)	Rink 1 5:45-8:15am 2:00-4:00pm 4:15-6:15pm	Rink 1 3:00-5:30pm Rink 2 5:45-8:15am	Rink 1 5:45am-8:15am 2:00pm-4:30pm 4:45pm-6:15pm	Rink 1 5:45-8:15am Rink 2 3:00pm-5:30pm 6:00am-8:00am (Hockey FS)	Rink 1 5:45am-8:15am Rink 2 2:00pm-4:30pm 4:45pm-6:15pm	Rink 1 6:15am-7:45am Rink 2 8:30am-9:30am